

2011 Provincial Track and Field Championship Standards

	<u>JV Girls</u>	<u>Varsity Girls</u>	<u>JV Boys</u>	<u>Varsity Boys</u>
80/100mh	14.32	14.23	17.63	16.33
100m	13.77	13.73	12.33	11.86
200m	28.40	27.90	25.28	23.95
400m	1:05.84	1:05.81	57.19	54.85
800m	2:36.38	2:45.55	2:14.70	2:10.21
1500m	5:31.05	5:38.83	4:39.07	4:35.06
3000m	12:23.81	12:27.45	10:15.51	9:57.02
4 X 100	55.97	56.23	50.99	47.47
4 X 400	4:49.10	4:58.47	4:05.50	3:57.65
S.P.	8.18	8.58	11.99	11.92
DISCUS	23.01	25.12	28.68	30.72
JAV.	23.36	25.43	35.00	41.22
L.J.	4.31	4.43	5.22	5.86
T.J.	9.66	9.75	11.01	11.86
H.J.	1.39	1.40	1.60	1.67
Medley	4:55.65	4:59.40	4:10.15	4:04.74
Tetrathlon	1495	1576	1752	2012