



SCHS Student - Athlete Handbook (Middle School)

Thank-you for deciding to take on the responsibility of playing on a team at SCHS. Your time and energy that you will put into the games and practices is greatly appreciated. To be a successful athlete will require a strong commitment to learning, hard work, skill development and self-discipline. When you sign up for a sport, you are expected to attend every practice and every game throughout the season. For practice times and game schedule please check online at <http://schs.ca>, click the sports tab and click on your team for info or call Mr. Rogalsky at 326-3537, ext. 224 or email jrogalsky@schs.ca.

We believe that an extra-curricular activities program enhances the atmosphere of the SCHS student body, providing students and parents with an opportunity to express positive school spirit.

Mr. Rogalsky

STEINBACH CHRISTIAN HIGH SCHOOL ATHLETIC PHILOSOPHY

The Physical Education program at Steinbach Christian High School exists to supplement the academic program and provide Athletics with a Christian Perspective by:

1. Fostering an environment of Christian sportsmanship
2. Providing a variety of physical activities for all students
3. Encouraging teamwork and a vibrant school spirit
4. Growing student leaders

SCHS School Rules

All students are expected to abide by Steinbach Christian High School policies as outlined in the Student Handbook. Students who disobey the policies/rules run the risk of being sent home or asked not to continue as part of the team. Students will be responsible to respect property (facilities and equipment) at SCHS as well as at any other school. Students who sign up for a school team are expected to abide by SCHS athletic policies as outlined in this student-athlete handbook

Transportation

It is the responsibility of the coach or supervising teacher to provide or organize transportation for any away games, tournaments or competitions. As much as possible, the parents of the athletes or the coaches will be transporting the students in their private vehicles for these events.

“...let us run with endurance the race that is set before us, fixing our eyes on Jesus, the author and finisher of our faith...” Hebrews 12:1-2

Grades 7-8 Athletics

Middle School students will participate in the Hanover School Division Athletics Association. We will plan on participating in Cross Country Running, Volleyball, Basketball, Badminton and Track and Field. The HSD schedule for the Volleyball and Basketball season is the Grade 7's playing on Mondays, Grade 8 Girl's on Tuesdays and Grade 8 Boy's on Thursdays. HSD Fair Play policy states that all players must have equal playing time, but players can expect the amount of playing time you receive to be based on their effort and amount of time that you have put into practices. If it is possible, we will do our best to make sure that no cuts be made for any teams. Attendance is mandatory for practices and games. Any athlete, who does not attend practice or a game, must notify their coach prior to the event.

Jerseys

You can purchase a Junior High Jersey from Mr. Rogalsky for \$20.00. This will be the jersey you will wear for all inter-school sports. You need to wear this jersey for every game that you play.

Sportsmanship

"Good sportsmanship is viewed by the Manitoba High Schools Athletic Association as a commitment to fair play, ethical behavior and integrity. In perception and practice, sportsmanship is defined as those qualities, which are characterized by generosity and genuine concern for others. The ideals of sportsmanship apply equally to all athletic disciplines. Individuals, regardless of their role, are expected to be aware of their influence on the behavior of others and model good sportsmanship."

Christian Perspective

It is important to remember that the physical abilities that you have are a gift from God. It is very important to find ways to use those gifts for His glory. It is wise to use athletic activities to cultivate character qualities in you and your teammates that will last well beyond an athletic career. Discipline, hard work, striving for excellence, respect for authority and being a witness in actions and words are important.

"...let us run with endurance the race that is set before us, fixing our eyes on Jesus, the author and finisher of our faith..." Hebrews 12:1-2