

## **Why I Shine**

Identify your individual strengths by listing:

- a. Things that make you interesting
- b. Positive words to describe yourself
- c. Reasons why you are a good friend
- d. Qualities that make you a good student
- e. Things you are good at
- f. Accomplishments you have achieved
- g. Reasons why people respect you
- h. A quality in a friend that you admire

Journal Assignment: Answer the following questions

(1-page)

1. How would a close friend describe me?
2. How would my parents/guardians describe me?
3. How would I like people to describe me?